

## BARRON COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES



## Taking Care of Our Mental Health!

## LOCAL MENTAL HEALTH RESOURCES

Mental Health is an important part of life! Providers help with a range of Mental Health issues from mental illness to everyday life experiences. Every day issues may include hopelessness, grief, loss, panic, feeling blue and/or anxious, death, relationship issues and concerns, couples counseling, divorce, job issues, being a caregiver, and phase of life concerns.

Please note this list may not be complete. If you know of changes or additions to this list please contact Becky Tollers, RN at <a href="mailto:becky.tollers@co.barron.wi.us">becky.tollers@co.barron.wi.us</a> or 715-537-6101.

<u>Advantage Counseling, LLC:</u> Bev Haverly, ACSW, LCSW. 1640 Talbot St. Cumberland, WI 54829. 715-822-2938. Sees youth and adults. Accepts Medicaid, some MA HMO's private insurances and private pay.

<u>Aurora Community Counseling</u>: N4851 Highway 63, Spooner, WI 54801. 715-635-4858. Mental Health and substance abuse services, including psychiatrist, James Rugowski, MD. Sees youth and adults. Accepts MA, private insurance, private pay and Medicare.

<u>Aurora Community Services</u>: 24670 State Rd 35/70 suite 1200, Siren, WI 54872. 715-349-7233. Sees youth and adults. Accepts MA, private insurance, private pay and Medicare.

Amery Regional Medical Center Behavioral Health Center: Specializing in mental health services for seniors, inpatient/outpatient. 265 Griffin St E, Amery, WI 54001. 715-268-0248. Need referral from Amery physician for main outpatient programs which are available for various ages. Accept Medicaid, private insurance, some MA HMO's-contact to verify payment type. Noel Jarvis, MD and Ahmed Javed, MD.

<u>Barron County Community Support Program (CSP):</u> Behavioral Health Services provided to persons with mental illness to assist them with living independently in the community. 11 E Eau Claire St, Rice Lake, WI 54868. 715-537-5691.

<u>Barron County Department of Health and Human Services:</u> contact for information on mental health referrals and payment sources for mental health services. 335 E Monroe Ave, Barron, WI 54812. 715-537-5691 (Monday-Friday, 8:00 am-4:30 pm)

<u>Caillier Clinic</u>: 320 N Main St, Rice Lake, WI 54868. 715-234-5388. Sees youth and adults. Accepts only certain insurances and HMO types, so call 715-836-0064 to find out if your type is accepted.

<u>CCB Housing Management:</u> 310 N Wisconsin Ave, Rice Lake, WI 54868. 715-236-2366. Subsidized and low-income housing for those with chronic mental illness.

<u>Clinic for Christian Counseling, LLC. Rice Lake Branch:</u> 12 West Marshall St, Suite 104, Rice Lake, WI 54868. 1-877-855-0936. Accept Medicaid, Medicare, and some private insurance.

<u>Crisis Hotline:</u> Emergency Mental Health/Suicide – 1-888-552-6642. (24 hrs/day-7 days/wk) This covers Barron, Polk and Washburn Counties.

<u>Crisis Stabilization Center:</u> 6939 County Hwy T, Chippewa Falls, WI 54729. 715-874-4429. Service is provided when client needs extra support or supervision but not hospitalization.

<u>Families First Counseling</u>: 23758 State Rd 35, Siren, WI 54872. 715-349-8913. Sees youth and adults. Accepts most payment types but not Medicare. Specialty is in-home therapy for MA and HMO's with children ages 18 and under who have not been successful with other therapy methods, but they do other types as well.

<u>Hinze, Travis</u>: 329 S River St, Suite 301, Spooner, WI or 307 Cascade St, Suite 7, Osceola, WI. 1-800-994-4693. Psychology services. Provides counseling and therapy for adults and youth ages 13 and up. Provides evaluations for adults and youth 6 and up. Accepts most insurance and private pay. Participates with United Healthcare (UBH), Medica, Preferred One, Select care, Tri-care, Medicare, and WI & MN Medicaid and processes Health Partners and BCBS.

<u>Jungerberg, Ph.D, Bruce:</u> 2021 Cenex Drive, Suite J, Rice Lake, WI 54868. 715-736-7250. Licensed psychologist. Sees youth and adults. Providing psychotherapy, psychological assessment and consultation. Accepts Medicare, Medicaid, private insurance and self-pay.

<u>Lapcewich, John:</u> Cumberland, WI 54829. 715-822-4918. Provides <u>psych evaluations only</u> for adolescents to seniors. Payment types: private pay, self pay, Medicaid, some MA HMO's and also provides for counties. Does not accept Medicare.

<u>Lutheran Counseling and Family Services</u>: Jennifer Larson LaRue, LMFT. Call 1-888-867-4840 for an appointment. Website is <u>www.lcfswi.org</u>. Specializing in individual, couples and family counseling and therapy services.

Marriage and Family Health Services: Mikan Day Treatment (ages 12-18), Migisi Day Treatment (ages 5-11). 105 West Avenue, Rice Lake, WI 54868. 715-736-5437. They provide individual services for adolescents, adults and family therapy. Both are ½ day programs with main funding from MA and HMO doesn't matter. Accepts straight MA or Security Health, commercial insurance or private pay.

Marriage and Family Therapist: Laurie Carlsen, MFT, 5 E Eau Claire St, Rice Lake, WI 54868.

Marshfield Clinic Lakewoods Center Behavioral Health: 1215 West Knapp St, Rice Lake, WI 54868. 715-236-4450 Fax: 715-236-1831. Bob Brunner, MSW LSCW, Counselor seeing patients 13+. Sandra Polzin NP medication management for those 17+. Miriam Sward, APNP. Accepts Medicaid, Security Health MA, and others. Contact to verify coverage at 1-800-782-8581 ext 5559. Does not take United Health care MA HMO.

Marshfield Clinic Rice Lake Lakewoods Center Psychiatry Services: 1215 West Knapp St, Rice Lake, WI 54868. 715-236-8100. Telehealth for Psych medication management available with Dr. Hanson seeing patients 10 + and Dr. Ahmed in EC. First appt needs to be in EC at the Riverview Center. Follow up appts are possible at the Lakewoods Center in Rice Lake, Cumberland Center and Ladysmith Center. Accepts Medicaid, Security Health MA, and others. To see if a specific

insurance is covered call 1-800-782-8581, ext 5559. Does not accept United Health Care MA HMO. **To set up appt call:** Riverview Center at 715-858-4850.

Mayo Health System-Northland Rice Lake Counseling Services: 331 South Main St, Suite H, Rice Lake, WI 54868. 715-236-8500 or tollfree at 877-709-0797. There are two full-time therapists: Deb Klund and Joanne Faltz Bailey, one psychiatrist, Dr. Filza Hussain full-time. Must have primary care physician in Mayo system. Serves adults and youth for outpatient Behavioral Health. Accept Medicaid, Medicare, private insurance. Does not accept United Health Care MA HMO, Security Health HMO or managed care.

Mayo Health System Luther Hospital Eau Claire – 1221 Whipple St, PO Box 4105, Eau Claire, WI 54702-4105. 715-838-3311 Fax: 715-838-6788. Toll free 1-888-838-4777. Has a 20-bed inpatient behavioral health unit.

McCabe, Juanita M: 1477 Knowles Ave Suite 103, New Richmond, WI 54017. 715-781-5494. Sees youth and adults ages 3 and up. Accepts some private insurance, private pay, sliding fee scale, some MA/MA HMO's- please contact your provider to determine coverage. Provide mental health, substance abuse, child abuse, trauma, depression, anxiety, PTSD and other services.

NAMI of Barron County, National Alliance on Mental Illness, PO Box 477, Rice Lake, WI 54868-2030. 715-736-0089 or 715-568-4426. <a href="www.nami.org">www.nami.org</a>. NAMI offers support, education and advocacy for families living with mental illnesses. We offer free classes tailored for families (12 wks), consumers (10 wks), parents/caregivers of small children and adolescents (6 wks) and presentations for school staff members, the faith community and interested community groups who would like to learn more about mental illnesses and resources available to them.

NAMI Helpline- 1-800-950-6264.

<u>Natures Edge Therapy</u>: Providing intensive and family-oriented occupational, physical and speech therapy, integrating the benefits of animals and nature. Becky Payne, MAT, CCC\_SLP, HPCS, Director. 2523 14 <sup>3</sup>⁄<sub>4</sub> Ave, Rice Lake, WI 54868. 715-859-6670. www.naturesedgetherapycenter.org

New Directions Center: This is a drop-in center for those with mental illness. 133 Main St, Rice Lake, WI 54868. 715-234-3637.

<u>Northwest Guidance and Counseling</u>: 502 2<sup>nd</sup> St Hudson, WI 54016. 715-684-7777. Sees youth and adults. Accepts Medicaid, some Medicaid HMO's and private insurance. Contact for Passage system for troubled youth and other mental health services.

<u>Polk County Mental Health & Chemical Dependency</u>: 715-485-8400. Sees youth and adults. Accepts most insurance plans, Medicare, Medicaid, some MA HMO's and private pay. Serves various counties but sliding fee scale only applies to Polk county residents.

<u>Sacred Heart Hospital</u>: 900 West Clairemont Avenue, Eau Claire, WI 547021. 715-717-4121 (general hospital). 715-717-4272 (Behavioral Health Center). Inpatient psychiatric services provided.

<u>Soar Counseling</u>: 246 Industrial Blvd, Shell Lake, WI 54871. 715-468-2841. Sees youth and adults. Does not accept Medicare.

St. Croix Regional Medical Center: 235 E State St, St. Croix Falls, WI 54024. 1-800-828-3627. Jennifer Beyer, M.D. 715-483-0243. Sees youth and adults. Accepts Medicaid but only some HMO's – must verify first. Accepts most major insurances. Doesn't take United Health Care MA HMO or Security Health HMO. Also accepts some MN health plans. Most have client medical records and referral from provider involved in care or will not be seen. There is waiting list for psychiatrist.

<u>Suicide Support Group:</u> HSHS St. Joseph's Hospital 2661 Cty Hwy I, Chippewa Falls, WI 54729. Meetings begin on May 21, 2015 and will be held on the first and third Thursday of every month from 6:00-7:30 pm in the conference room. There is no cost. For more information contact 715-717-7479.

<u>Vantage Point:</u> 1443 East Division Avenue, Barron, WI 54812. (715) 637-7049. Providing child, adolescent & adult therapy services, assessments, urgent care therapy services, and alcohol and other drug abuse therapy services. "The rates for services at Vantage Point Clinic can vary based on insurance coverage, community program eligibility, and service for which you may be looking. It is best to contact us directly to determine rates and costs of services offered here."

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